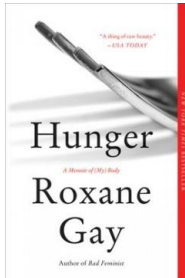




Community Raving About Books (C.R.A.B.) Book Club Guide



***Hunger: A Memoir of (My) Body* by Roxane Gay**

Harper, 2017; 320 pages/audio 6 hours

“An intense, unsparingly honest portrait of childhood crisis and its enduring aftermath.”

—Kirkus, 5/15/2017

Summary

The popular Tumblr blogger and best-selling author of *Bad Feminist* explores the devastating act of violence that triggered her personal challenges with food and body image, sharing advice for caring for oneself and eating in healthful and satisfying ways.

Author Information

Roxane Gay is the author of the essay collection *Bad Feminist*, which was a *New York Times* bestseller; the novel *An Untamed State*, a finalist for the Dayton Peace Prize; and the short story collections *Difficult Women* and *Ayiti*. A contributing opinion writer to the *New York Times*, she has also written for *Time*, *McSweeney's*, the *Virginia Quarterly Review*, the *Los Angeles Times*, *The Nation*, *The Rumpus*, *Bookforum*, and *Salon*. Her fiction has also been selected for *The Best American Short Stories 2012*, *The Best American Mystery Stories 2014*, and other anthologies. She is the author of *World of Wakanda* for Marvel.

If you liked this book, try these!

Heavy: An American Memoir by Kiese Laymon

This Is Just My Face: Try Not to Stare by Gabourey Sidibe

Shrill: Notes from a Loud Woman by Lindy West

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See this link for suggested discussion questions:

<https://www.litlovers.com/reading-guides/non-fiction/11012-hunger-gay?start=3>