Everyday Activities to Share with Your Baby (Birth-2 years)
It is never too early to start!

★ Cuddle and read together
★ Talk about the book and pictures you read
★ Play peek-a-boo
★ Go to the library for Storytime
★ Tickle baby’s toes, reciting “This Little Piggie”
★ Keep a basket of books in the baby’s play area
★ Sing songs with baby as you drive
★ Tell stories during bath time
★ Chant “Pat-a-Cake”
★ Sing lullabies before bedtime or nap time
★ Repeat favorite activities over and over

Brain Power

Beginning at birth and during your child’s early years, crucial connections are formed and strengthened in the brain through repeated playful, loving and stimulating experiences. Each time you read a book, tickle a belly, sing a song, or play peek-a-boo, connections are made between brain cells. Repetition makes the connections stronger, so sing that song again!
Good books for your baby may have:

- Thick or cardboard pages
- A size small enough for a baby to hold
- Large pictures and bright colors
- Photos of faces and everyday objects
- Just a few words
- Rhymes and songs

Here are a few favorites to share.
Check out these and many more at your library!

**Global Babies**
- *B is for Baby* by Atikunde
- *Love You Head to Toe* by Barron
- * Peekaboo Morning* by Rachel Isadora
- *Leo Can Swim* by Anna McQuinn
- *Naptime with Theo and Beau* by Jessica Shyba
- *Baby Dance* by Ann Taylor
- *Hand in Hand* by Rosemary Wells

**Libros en Español para bebé:**
- *Arrorró mi niño* por Lulu Delacre
- *¿Dónde está el ombliguito?* por Karen Katz
- *Me puedes dar una galleta, por favor?* por J.D. Morris
- *Las fresas son rojas* por Petr Horáček
- *La gallina grande/Big Fat Hen* por Keith Baker

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